

Summary of Benefits

> January 1, 2006 Alabama - PPO

Special Needs



An Independent Licensee of the Blue Cross and Blue Shield Association



Introduction to the Summary of Benefits for Blue Advantage Option VI January 1, 2006 - December 31, 2006 North Alabama, Central Alabama, South Alabama

Thank you for your interest in Blue Advantage Option VI. Our plan is offered by BLUE CROSS AND BLUE SHIELD OF ALABAMA (H0104), a Medicare Advantage Preferred Provider Organization (PPO) Specialty Plan. This plan is designed for people who meet specific enrollment criteria. Call BLUE ADVANTAGE Option VI to find out if you are eligible to join. Our number is listed at the end of this introduction.

This Summary of Benefits tells you some features of our Plan. It doesn't list every service we cover, every limitation, or every exclusion. To get a complete list of our benefits, please call BLUE ADVANTAGE Option VI and ask for the "Evidence of Coverage".

YOU HAVE CHOICES IN YOUR HEALTH CARE

As a Medicare beneficiary, you can choose from different Medicare options. One option is the Original (fee-for-services) Medicare Plan. Another option is a Medicare health plan, like BLUE ADVANTAGE Option VI. You may have other options too. You make the choice. No matter what you decide, you are still in the Medicare Program.

You may be able to join or leave a plan only at certain times. Please call BLUE ADVANTAGE Option VI at the number listed at the end of this introduction or 1-800-MEDICARE (1-800-633-4227) for more information. TTY users should call 1-877-486-2048.

HOW CAN I COMPARE MY OPTIONS?

You can compare BLUE ADVANTAGE Option VI and the Original Medicare Plan using this Summary of Benefits. The charts in this booklet list some important health benefits. For each benefit, you can see what our plan covers and what the Original Medicare Plan covers.

Our members receive all the benefits that the Original Medicare Plan offers. We also offer more benefits, which may change from year to year.

WHERE IS BLUE ADVANTAGE OPTION VI AVAILABLE?

The service area for this plan includes: Autauga, Baldwin, Bibb, Blount, Calhoun, Chilton, Elmore, Etowah, Jefferson, Lawrence, Limestone, Lowndes, Madison, Mobile, Montgomery, Morgan, Shelby, St. Clair, Walker Counties, AL. You must live in one of these places to join the plan.

CAN I CHOOSE MY DOCTORS?

BLUE ADVANTAGE Option VI has formed a network of doctors, specialists, and hospitals. You can use any doctor who is part of our network. You may also go to doctors outside of our network. The health providers in our network can change at any time. You can ask for a current Provider Directory for an up-to-date list. Our number is listed at the end of this introduction.

WHAT HAPPENS IF I GO TO A DOCTOR WHO'S NOT IN YOUR NETWORK?

You can go to doctors, specialists, or hospitals in or out of network. You may have to pay more for the services you receive outside the network, and you may have to follow special rules prior to getting services in and/or out-of-network. For more information, call the telephone number at the end of this introduction.

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WHERE CAN I GET MY PRESCRIPTIONS IF I JOIN THIS PLAN?

BLUE ADVANTAGE Option VI has formed a network of pharmacies. You can use any pharmacy in our network. The pharmacies in our network can change at any time. You can ask for a current Pharmacy Network List. Our number is listed at the end of this introduction.

WHAT HAPPENS IF I GO TO A PHARMACY THAT'S NOT IN YOUR NETWORK?

If you go to a pharmacy that's not in our network, you might have to pay more for your prescriptions. You also might have to follow special rules before getting your prescription in order for the prescription to be covered under our plan. For more information, call the telephone number at the end of this introduction.

DOES MY PLAN COVER MEDICARE PART B OR PART D DRUGS?

BLUE ADVANTAGE Option VI **does** cover Medicare Part B prescription drugs and Part D prescription drugs.

DOES MY PLAN HAVE A PRESCRIPTION DRUG FORMULARY?

BLUE ADVANTAGE Option VI uses a formulary. A formulary is a preferred listing of drugs selected to meet patient needs. The plan may periodically make changes to the formulary. If the formulary changes, affected enrollees will be notified, in writing, before the change is made. Contact BLUE ADVANTAGE Option VI for more details.

WHAT IS A MEDICATION THERAPY MANAGEMENT (MTM) PROGRAM?

A Medication Therapy Management (MTM) Program is a benefit that your plan may offer. You may be identified to participate in a program designed for your specific health and pharmacy needs. It is recommended that you take full advantage of this covered benefit if you are selected. Contact BLUE ADVANTAGE Option VI for more details.

WHAT TYPE OF DRUGS MAY BE COVERED UNDER MEDICARE PART B?

The following outpatient prescription drugs may be covered under Medicare Part B. This may include, but is not limited to, the following types of drugs. Contact Blue Advantage Option VI for more details.

- Some antigens: If they are prepared by a doctor and administered by a properly instructed person (who could be the patient) under doctor supervision.
- Osteoporosis Drugs: Injectable drugs for osteoporosis for certain women with Medicare.
- Erythropoietin (Epoetin alpha or Epogen®): By injection if you have end-stage renal disease (permanent kidney failure requiring either dialysis or transplantation) and need this drug to treat anemia.
- Hemophilia Clotting Factors: Self-administered clotting factors if you have hemophilia.
- Injectable Drugs: Most injectable drugs administered incident to a physician's service.

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- Immunosuppressive Drugs: Immunosuppressive drug therapy for transplant patients if the transplant was paid for by Medicare, or paid by a private insurance that paid as a primary payer to your Medicare Part A coverage, in a Medicare-certified facility.
- Some Oral Cancer Drugs: If the same drug is available in injectable form.
- Oral Anti-Nausea Drugs: If you are part of an anti-cancer chemotherapeutic regimen. Inhalation and infusion drugs provided through DME.

Please call Blue Advantage for more information about this plan.

Visit us at WWW. BCBSAL.COM or, call us

Customer Service Hours: Monday, Tuesday, Wednesday, Thursday, Friday, 7:30 a.m. - 6:00 p.m. Central

Current Members should call (888)-234-8266. (TTY/TTD (800)-257-3384) Prospective members should call (888)-578-6775. (TTY/TDD (800)-257-3384) For more information about Medicare, call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048. You can call 24 hours a day, 7 days a week. Or, visit www.medicare.gov on the web. If you have special needs, this document may be available in other formats.

If you have any questions about this plan's benefits or cost, please contact Blue Advantage.

Benefit Category	Original Medicare	Blue Advantage
		VI

IMPORTANT INFORMATION

If you have both Medicare and Medicaid, you may not have Medicare Part A or Part B co-pays while you are a member of the Special Needs Plan, although you may have Medicare Part D co-pays for prescription drug coverage. Please contact the plan for details.

1 – Premium and Other Important Information You pay the Medicare Part B premium of \$ 88.50 each month.

You pay no additional premium for your plan benefits and \$ 18.47 each month for your Medicare Part D prescription benefits.

You also continue to pay the Medicare Part B premium of \$ 88.50 each month.

Benefit Category	Original Medicare	Blue Advantage VI
		You pay a \$ 1,000 yearly deductible for the following Medicare-covered plan services when received out- of-network only:
		 Inpatient Hospital Care Inpatient Mental Health Care Skilled Nursing Facility Home Health Care Doctor Office Visits Chiropractic Services Podiatry Services Outpatient Mental Healt Care Outpatient Substance Abuse Care Outpatient Services/ Surgery Outpatient Rehabilitation Services Durable Medical Equipment Prosthetic Devices Diabetes Self-Monitorin Training and Supplies Diagnostic Tests, X- Rays, and Lab Services Bone Mass Measuremer Colorectal Screening Exam Immunizations Mammograms (Annual Screenings) Pap Smears and Pelvic Exams Prostate Cancer Screening Exams Outpatient Prescription Drugs

Benefit Category	Original Medicare	Blue Advantage VI
		 Dental Services Hearing Services Vision Services Physical Exams Comprehensive Outpatient Rehabilitation Facility (CORF) Partial Hospitalization Other Health Care Professional Cardiac Rehabilitation Services Renal Dialysis Blood
		You pay a \$ 1,000 yearly deductible for the following non-Medicare-covered plan services when received out- of-network only:
		 Inpatient Hospital Care Inpatient Mental Health Care Skilled Nursing Facility Home Health Care Doctor Office Visits Chiropractic Services Podiatry Services Outpatient Mental Healt Care Outpatient Substance Abuse Care
		 Abuse Care Outpatient Services/ Surgery Outpatient Rehabilitatio Services Durable Medical
		 Durable Medical Equipment Prosthetic Devices Diabetes Self-Monitorin Training and Supplies

Benefit Category	Original Medicare	Blue Advantage VI
		 Diagnostic Tests, X- Rays, and Lab Services Bone Mass Measurement Colorectal Screening Exam Immunizations Mammograms (Annual Screenings) Pap Smears and Pelvic Exams Prostate Cancer Screening Exams Outpatient Prescription Drugs Dental Services Hearing Services Vision Services Physical Exams Comprehensive Outpatient Rehabilitation Facility (CORF) Partial Hospitalization Other Health Care Professional Cardiac Rehabilitation Services Renal Dialysis Blood If there is no note on an out-of-network service, then the note describes the in-network service. Contact plan for details on the covered out-of-network

If you have any questions about this plan's benefits or cost, please contact Blue Advantage.

Benefit Category	Original Medicare	Blue Advantage VI
2 - Doctor and Hospital Choice	You may go to any doctor, specialist or hospital that accepts Medicare.	You can go to doctors, specialists, and hospitals in or out-of-network.
(For more information, see		Higher costs apply for out- of-network services.
(For more information, see Emergency - #15 and Urgently Needed Care - #16.)		You do NOT need a referral to go to network doctors, specialists, and hospitals.
		A separate doctor office visit co-payment may apply for certain services.
SUMMARY OF BENEFITS		
INPATIENT CARE		
3 - Inpatient Hospital Care	You pay for each benefit period (3):	There is no co-payment for Inpatient Hospital services received at a network
(includes Substance Abuse	Days 1 - 60: an initial deductible of \$ 952	hospital.
and Rehabilitation Services)	Days 61 - 90: \$ 238 each day	You pay:
	Days 91 - 150: \$ 476 each lifetime reserve day (4)	- 30% of the cost each day for day 1 and beyond for a stay at an out-of-network
	[These are 2006 amounts and may change January 1, 2007.]	hospital.
	Please call 1-800-MEDICARE (1-800-633-4227) for	You are covered for 90 days each benefit period.

information about lifetime

reserve days. (4)

Original Medicare	Blue Advantage VI
You pay the same deductible and co-payments as inpatient hospital care (above) except Medicare beneficiaries may only receive 190 days in a Psychiatric Hospital in a	There is no co-payment for services received at a network hospital.
lifetime.	You Pay:
	 30% of the cost each day for day 1 and beyond for a stay at an out-of-network hospital.
	Medicare beneficiaries may only receive 190 days in a Psychiatric Hospital in a lifetime.
You pay for each benefit period (3), following at least a 3-day covered hospital stay:	There is no co-payment for services received at a Skilled Nursing Facility.
Days 1 - 20: \$ 0 for each day	You pay 30% of the cost for services at an out-of-network Skilled Nursing Facility.
Days 21 - 100: \$ 119 for each day [These are 2006 amounts and may change January 1, 2007.]	No prior hospital stay is required.
There is a limit of 100 days for each benefit period. (3)	You are covered to 100 days each benefit period.
There is no co-payment for	There is no co-payment for
all covered home health visits.	Medicare-covered home health visits. You pay 30% for out-of- network home health visits.
	You pay the same deductible and co-payments as inpatient hospital care (above) except Medicare beneficiaries may only receive 190 days in a Psychiatric Hospital in a lifetime. You pay for each benefit period (3), following at least a 3-day covered hospital stay: Days 1 - 20: \$ 0 for each day Days 21 - 100: \$ 119 for each day [These are 2006 amounts and may change January 1, 2007.] There is a limit of 100 days for each benefit period. (3) There is no co-payment for all covered home health

Benefit Category	Original Medicare	Blue Advantage VI
7 - Hospice	You pay part of the cost for outpatient drugs and inpatient respite care.	You must receive care from a Medicare-certified hospice.
	You must receive care from a Medicare-certified hospice.	
OUTPATIENT CARE		
8 - Doctor Office Visits	You pay 20% of Medicare- approved amounts (1)(2)	You pay \$ 5 for each primary care doctor office visit for Medicare-covered services.
		You pay 30% for each out-of- network primary care doctor office visit.
		You pay \$10 for each Specialist visit for Medicare- covered services.
		You pay 30% for each out-of-network specialist visit.
		See 32—Physical Exams for more information.
9 - Chiropractic Services	You are covered for manual manipulation of the spine to correct subluxation, provided by chiropractors or other qualified providers.	You pay \$ 10 for each Medicare-covered visit (manual manipulation of the spine to correct subluxation).
	You pay 100% for routine care.	You pay 30% of the cost for out-of-network chiropractic services.
	You pay 20% of Medicare- approved amounts. (1)(2)	

Benefit Category	Original Medicare	Blue Advantage VI
10 - Podiatry Services	You pay 20% of Medicare- approved amounts. (1)(2)	You pay \$ 10 for each Medicare-covered visit (medically necessary foot
	You are covered for medically necessary foot care, including care for medical conditions affecting the lower limbs.	care) You pay 30% of the cost for out-of-network podiatry services.
	You pay 100% for routine care.	
11 - Outpatient Mental Health Care	You pay 50% of Medicare- approved amounts with the exception of certain situations and services for which you pay 20% of approved charges. (1)(2)	For Medicare-covered Mental Health services, you pay \$ 10 for each individual/group therapy visit.
		You pay 30% of the cost for out-of-network Mental Health Services.
		You pay 30% of the cost for out-of-network Mental Health Services with psychiatrist.
12 - Outpatient Substance Abuse Care	You pay 20% of Medicare- approved amounts. (1)(2)	For Medicare-covered services, you pay \$ 10 for each individual/group visit.
		You pay 30% of the cost for out-of-network outpatient substance abuse services.
13 - Outpatient Services/ Surgery	You pay 20% of Medicare- approved amounts for the doctor. $(1)(2)$	There is no co-payment for each Medicare-covered visit to an ambulatory surgical
	You pay 20% of outpatient facility charges. (1)(2)	center. There is no co-payment for each Medicare-covered visit to an outpatient hospital

Benefit Category	Original Medicare	Blue Advantage VI
		You pay 30% of the cost for services at an out-of-network ambulatory surgical center.
		You pay 30% of the cost for services at an out-of-network outpatient hospital facility.
14 - Ambulance Services	You pay 20% of Medicare- approved amounts or applicable fee schedule	You pay \$ 50 for Medicare- covered ambulance services.
(medically necessary ambulance services)	charge. (1)(2)	You pay 30% of the cost for out-of-network ambulance services.
15 - Emergency Care (You may go to any emergency room if you reasonably believe you need emergency care.)	You pay 20% of the facility charge or applicable co- payment for each emergency room visit; you do NOT pay this amount if you are admitted to the hospital for the same condition within 3 days of the emergency room visit. (1)(2)	You pay \$ 50 for each Medicare-covered emergency room visit; you do NOT pay this amount if you are admitted to the hospital within 24 hours for the same condition.
	You pay 20% of the doctor charges. (1)(2) NOT covered outside the U.S. except under limited circumstances.	NOT covered outside the U.S. except under limited circumstances.
16 - Urgently Needed Care (This is NOT emergency care, and in most cases, is out of the service area.)	You pay 20% of Medicare- approved amounts or applicable co-payment. (1)(2) NOT covered outside the U.S. except under limited circumstances.	You pay \$ 50 for each Medicare-covered urgently needed care visit; you do NOT pay this amount if you are admitted to the hospital within 24 hours for the same condition.
	en cumstances.	You pay 30% of the cost for out-of-network urgent care services.

Benefit Category	Original Medicare	Blue Advantage VI
		NOT covered outside the U.S. except under limited circumstances.
17 - Outpatient Rehabilitation Services(Occupational Therapy, Physical Therapy, Speech and Language Therapy)	You pay 20% of Medicare- approved amounts. (1)(2)	You pay \$ 10 for each Medicare-covered Occupational Therapy visit. You pay \$ 10 for each Medicare-covered Physical Therapy and/or Speech/ Language Therapy visit.
Language Therapy)		You pay 30% of the cost for out-of-network Occupational Therapy services.
		You pay 30% of the cost for out-of-network Physical Therapy and/or Speech/ Language Therapy services.
OUTPATIENT MEDICAL SE	RVICES AND SUPPLILES	
18 - Durable Medical Equipment	You pay 20% of Medicare- approved amounts. (1)(2)	There is no co-payment for Medicare-covered items.
(includes wheelchairs, oxygen, etc.)		You pay 30% of the cost for durable medical equipment purchased out-of-network.
19 - Prosthetic Devices (includes braces, artificial	You pay 20% of Medicare- approved amounts. (1)(2)	There is no co-payment for Medicare-covered items.
limbs and eyes, etc.)		You pay 30% of the cost for prosthetic devices purchased out-of-network.
20 - Diabetes Self-Monitoring Training and Supplies	You pay 20% of Medicare- approved amounts. (1)(2)	There is no co-payment for Diabetes self-monitoring training.

Benefit Category	Original Medicare	Blue Advantage VI
glucose monitors, test strips, lancets, screening tests, and self-management training)		You pay 30% of the cost for out-of-network Diabetes self- monitoring training.
		There is no co-payment for Diabetes supplies.
		You pay 30% of the cost for each Diabetes Supply item purchased out-of-network.
21 - Diagnostic Tests, X- Rays, and Lab Services	You pay 20% of Medicare- approved amounts, except for approved lab services. (1)(2)	There is no co-payment for the following Medicare- covered services:
	There is no co-payment for Medicare-approved lab services.	 Clinical/diagnostic lab services
		 Radiation therapy
		 X-ray visits
		 30% of the cost for each out of network clinical/ diagnostic lab service.
		- 30% of the cost for each out-of-network radiation therapy service.
		- 30% of the cost for out-of-network x-ray service.
PREVENTIVE SERVICES		
22 - Bone Mass Measurement (for people with Medicare	You pay 20% of Medicare- approved amounts. (1)(2)	There is no co-payment for each Medicare-covered Bone Mass Measurement.
who are at risk)		You pay 30% of the cost for each out-of-network Bone Mass measurement.

Benefit Category	Original Medicare	Blue Advantage VI
23 - Colorectal Screening Exams	You pay 20% of Medicare- approved amounts. (1)(2)	There is no co-payment for Medicare-covered Colorectal Screening Exams.
(for people with Medicare age 50 and older)		You pay 30% of the cost for each out-of-network Colorectal Screening exam.
24 - Immunizations	There is no co-payment for the Pneumonia and Flu vaccines.	There is no co-payment for the Pneumonia and Flu vaccines.
(Flu vaccine, Hepatitis B vaccine - for people with Medicare who are at risk, Pneumonia vaccine)	You pay 20% of Medicare- approved amounts for the Hepatitis B vaccine. (1)(2)	No referral necessary for Medicare-covered influenza
	You may only need the Pneumonia vaccine once in your lifetime. Please contact your doctor for further de-	and pneumonia vaccines. No referral necessary for other immunizations.
	tails.	There is no co-payment for the Hepatitis B vaccine
		You pay 30% of the cost for each out-of-network immunization.
25 - Mammograms (Annual Screening)	You pay 20% of Medicare- approved amounts. (2)	There is no co-payment for Medicare-covered Screening Mammograms.
(for women with Medicare age 40 and older)	No referral necessary for Medicare-covered screenings.	You pay 30% of the cost for each out-of-network Screening Mammogram.
		No referral necessary for Medicare-covered screenings.

Original Medicare Benefit Category Blue Advantage VI 26 - Pap Smears and Pelvic There is no co-payment for a There is no co-payment for Pap Smear once every 2 Medicare-covered Pap Exams years, annually for Smears and Pelvic Exams. (for women with Medicare) beneficiaries at high risk. (2) You pay 30% of the cost for each out-of-network Pap You pay 20% of Medicareapproved amounts for Pelvic Smear and Pelvic Exam Exams (2) 27 - Prostate Cancer There is no co-payment for There is no co-payment for approved lab services and a Medicare-covered Prostate Screening Exams co-pay of 20% of Medicare-Cancer Screening exams. approved amounts for other (for men with Medicare age You pay 30% of the cost for 50 and older) related services. (1)(2)each out-of-network Prostate Screening Exams. 28 - Outpatient Prescription You pay 100% for most This Plan uses a formulary. A formulary is a preferred list prescription drugs, unless you Drugs enroll in the Medicare Part D of drugs selected to meet patient needs at a lower cost. Prescription Drug program. If the formulary changes, you will be notified in writing, before the change. To view the Plan's formulary, go to WWW.BCBSAL.COM on the web. People who have low incomes, who live in long term care facilities, or who have access to Indian/Tribal/ Urban (Indian Health Service) facilities may have different out-of-pocket drug costs. You may pay a \$ 0 - \$50 Deductible, depending on your income level. You will pay \$1.00 co-pay or \$2.00 co-pay for generic/ preferred brand drugs,

Benefit Category	Original Medicare	Blue Advantage VI
		depending on your income level, or up to a 15% coinsurance, which every is greater. You will pay \$3.00 co-pay or \$5.00 co-pay for a other drugs, depending on your income level, or up to a 15% coinsurance, which eve is greater. To learn more about what your costs will be please contact Blue Advantage for more information.
		After your yearly out-of- pocket drug costs reach \$3,600.00, you will pay \$0.00 or \$2.00 co-pay for generic/preferred brand drugs, depending on your income level. You will pay \$0.00 or \$5.00 co-pay for al other drugs, depending on your income level. To learn more about what your costs will be, please contact Blue Advantage for more information.
		Certain prescription drugs will have maximum quantity limits.
		Your provider must get prior authorization from Blue Advantage Option VI for certain prescription drugs.
		Covered Part D drugs are available at out-of-network pharmacies in special circumstances, including

Benefit Category	Original Medicare	Blue Advantage VI
		beneficiary's illness while traveling outside of the Plan's service area and where there is no network pharmacy.
ADDITIONAL BENEFITS (WHAT ORIGINAL MEDICARE D	OES NOT COVER)
29 - Dental Services	In general, you pay 100% for dental services.	In general, you pay 100% for dental services.
		You pay 30% of the cost for out-of-network Comprehensive dental services.
30 - Hearing Services	You pay 100% for routine hearing exams and hearing aids.	In general, you pay 100% for routine hearing exams and hearing aids.
	You pay 20% of Medicare- approved amounts for diagnostic hearing exams. (1) (2)	 There is no co-payment for the following services: Medicare-covered hearing exams (diagnostic hearing exams).
31 - Vision Services	You are covered for one pair of eyeglasses or contact lenses after each cataract	You pay 100% for non- Medicare-covered eye exams and glasses.
	surgery. (1)(2) For people with Medicare who are at risk, you are covered for annual glaucoma screenings. (1)(2)	There is no co-payment for the following services:
		 Medicare-covered eye exams (diagnosis and treatment for diseases and
	You pay 20% of Medicare- approved amounts for diagnosis and treatment of diseases and conditions of the eye. (1)(2) You pay 100% for routine eye exams and glasses.	conditions of the eye).
		There is no co-payment for the following items:
		- Medicare-covered eyewear (one pair of

Benefit Category Original Medicare Blue Advantage VI eyeglasses or contact lenses after each cataract surgery). 32 - Physical Exams If your coverage to Medicare If your coverage to Medicare Part B begins on or after Part B begins on or after January 1, 2005, you may January 1, 2005, you may receive a one time physical receive a one time physical exam within the first six exam within the first six months of your new Part B months of your new Part B coverage. coverage. This will not include laboratory tests. Please contact you plan for This will not include further details laboratory tests. Please contact your plan for details. You pay \$ 5 for Medicarecovered services. You pay 20% of the Medicare-approved amount. You pay 100% for routine physical exams. (1)(2)

If you have any questions about this plan's benefits or cost, please contact Blue Advantage.

(1) Each year, you pay a total of one \$124 deductible.

(2) If a doctor or supplier chooses not to accept assignment, their costs are often higher, which means you may pay more.

(3) A benefit period begins the day you go to a hospital or skilled nursing facility. The benefit period ends when you have not received hospital or skilled nursing care for 60 days in a row. If you go into the hospital after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There is no limit to the number of benefit periods you can have.

(4) Lifetime reserve days can only be used once.



BlueCross BlueShield of Alabama

An Independent Licensee of the Blue Cross and Blue Shield Association.