

Harness Suspension / Use of Suspension Relief Strap:

It is necessary and very important that someone knows your hunting location and time of return. It is also very important that you carry (on your person) emergency communication devices such as a cell phone, two-way radio, whistle, signal flare or preferably a PLD (Personal Locator Device - FCC approved July, '03). When triggered, a PLD will transmit an emergency signal to local rescue teams identifying your location via satellite GPS coordinates. Wilderness outfitters and the internet are sources for these PLD's.

Suspension trauma or blood pooling can occur when suspended motionless in a harness for periods of time. This can lead to unconsciousness. **IF YOU HAVE TO HANG IN THE TREE BEFORE HELP ARRIVES, YOU NEED TO EXERCISE YOUR LEGS BY PUSHING OFF FROM THE TREE OR BY USING THE ENCLOSED SUSPENSION RELIEF STRAP.**

Use of the Suspension Relief Strap:

Warning!

This Suspension Relief Strap **MUST** be on your person while using your harness!!! The steps below assume you are hanging by your tether line after a fall.

Step 1. Retrieve the Suspension Relief Strap (SRS) from your storage place.

Step 2. Tie one end of the SRS to one of the Climbing Strap loops sewn into each side of the harness belt. See **Figure 1 position A.**

Step 3. Tie the other end of the SRS to the opposite harness belt loop as show in **Figure 1 position B.** Adjust the SRS so the large loop it forms is just above the ankles - **Figure 2.**

Step 4. Put both feet in the loop and stand up to relieve the pressure from the harness leg straps. See **Figure 3 and Figure 4.** **NOTE:** Readjust the length of the loop if considerable pressure is still felt on the leg straps.

WARNING: Prolonged harness suspension may be fatal. If rescue personnel cannot be notified, you must have the ability to recover/escape.

If you have any questions about this strap or its use, please call or e-mail us!

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