

## SOP SRS Accessory Strap / Use of Suspension Relief Strap:

It is necessary and very important that someone knows your hunting location and time of return. It is also very important that you carry (on your person) emergency communication devices such as a cell phone, two-way radio, whistle, signal flare or preferably a PLD (Personal Locator Device - FCC approved July, '03). When triggered, a PLD will transmit an emergency signal to local rescue teams identifying your location via satellite GPS coordinates. Wilderness outfitters and the internet are sources for these PLD's.

Suspension trauma or blood pooling can occur when suspended motionless in a harness for periods of time. This can lead to unconsciousness. **IF YOU HAVE TO HANG IN THE TREE BEFORE HELP ARRIVES, YOU NEED TO EXERCISE YOUR LEGS BY PUSHING OFF FROM THE TREE OR BY USING THE ENCLOSED SUSPENSION RELIEF STRAP.**

### Use of the Suspension Relief Strap:

#### **Warning!**

This Suspension Relief Strap **MUST** be on your person while using your harness!!!

**Step 1.** Attach to harness by putting the looped end through the waist D-Ring and bringing the pouch through the loop to create a cinch knot. See **Figure 1**.

**Step 2.** Using the sewn on webbing strap, snap the pouch to your harness waist webbing as shown in **Figure 2**.

### IN THE EVENT OF A FALL:

**Step 1.** Unsnap the pouch and remove the relief device as shown in **Figure 3**.

**Step 2.** Clip the safety clip into the opposite D-Ring on the waist webbing as shown in **Figure 4**.

**Step 3.** Adjust the position of the prussic knot to lengthen or shorten the webbing loop. The loop should be positioned at about ankle height.

**Step 4.** Step into the loop and stand up to relieve the pressure on your legs. See **Figure 5**.

**WARNING: Prolonged harness suspension may be fatal. If rescue personnel cannot be notified, you must have the ability to recover/escape.**

